

The Eagles Nest

A weekly look back and look ahead at CHS Athletics November 7, 2021

EAGLE WEEK PAST

Dance-HI-C's

At David Douglas Competition

EAGLE WEEK AHEAD

MONDAY, NOVEMBER 8

No contests

TUESDAY, NOVEMBER 9

No contests

WEDNESDAY NOVEMBER 10

No contests

THURSDAY, NOVEMBER 11

Veterans Day-National Holiday NO SCHOOL

FRIDAY, NOVEMBER 12

No contests

SATURDAY, NOVEMBER 13

HI-C's @ Nelson HS Dance Competition-9 am

(games in bold above are home games)

EAGLE NOTES

All-Mt. Hood Conference Edition

CROSS COUNTRY

Eagle Senior, **Luke Lehman**, took 9th in the varsity boys league race, He was named 2nd team all-league as a result of his finish.

FOOTBALL

MHC recognized **Marty Zulauf**, Honorable Mention, Offensive Lineman; **Khmeron Muongvang**, Honorable Mention, Center; **Jack Poirier**, Honorable Mention, Linebacker; **Khmeron Muongvang**, Honorable Mention, Linebacker; **Kahleb Cope**, Honorable Mention, Defensive Back

GIRLS SOCCER

Eagle Head Coach **Kelsey Birkhofer**, was name MHC Coach of the Year. **Alexi Howard** 1st Team, Forward: **Lize**

Rendon, 2nd Team Forward; **Cassidy Belmont**, 1st Team Midfielder; **Marlene Gonzales**, Honorable Mention Midfielder; **Keara Saks**, 1st Team, Defender; **Lauren Dunford**, 2nd Team Defender; **Zoi Hicks**, Honorable Mention, Defender; **Emily Teyema**, Honorable Mention, Defender.

BOYS SOCCER

MHC recognized **Andrew Martinez**, 1st Team Forward, and was chosen at the leagues **Offensive Player of the Year**. **Bryan Sanquino**, 1st Team, Midfielder; **Uriel Ruelas**, 1st Team Defender; **Dennis Bessarab**, 2nd team Goalkeeper; **Sha eh ler Shee**, Honorable Mention, Forward; **Eric Sayarath**, Honorable Mention, Midfielder; **Nick Mendez**, Honorable Mention, Defender; **Luis Diaz Navarro**, Honorable Mention, Defender.

VOLLEYBALL

Two Eagles received recognition on all league teams, Seniors, **Ajla Agie** and **Alexis Henderson** were selected as Honorable Mention in the Hitter category.

HI-C Dance Team

At the initial competition for the HI-C's at David Douglas HS. Eagles took 3rd in Contemporary Dance and 4th in the their Prom routine. Senior **Nya**

Bussard, Juniors Duyen Nguyen and Lian Ning all finished in the top ten in Advanced Drill Down.

OCTOBER ATHLETES OF THE MONTH

Hi-C's, Duyen Nguyen. Football, Khmeron Muongvang—Four year FB athlete. Great character, work ethic. Positive leader program wide. He will be missed. **Boys Soccer-Uriel Ruelas**. Hands down the heart and soul of the Eagle defense. **Volleyball-Ajla Agic**, consistent player, leadership and kills leader. **Girls Soccer-Alex Howard**, four goal game on her senior night vs. Gresham but a consistent presence all year long. **Cross Country-Boy, Luke Lehman** and Girl, **Kim Tu. Cheerleading-Alora Schoeneman**. A Freshmen always focused, working hard and teachable.

WINTER SPORTS

The OSAA winter season starts with practices on Monday November 15th. Games/Matches/Meets begin two weeks later. Winter sports include boys and girls basketball, boys and girls swimming, boys and girls wrestling, and Dance and Cheer. The winter season will compete through February. Winter schedules are now listed on the OSAA.org site under Centennial High School

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