

# A weekly look back and look ahead at CHS Athletics November 29, 2021

Monday, 11/29/21 No contests

Tuesday, 11/30/21 No contests

# Wednesday, 12/1/21 V/JV Boys Bball Jamboree @ DD, 5pm

Thursday, 12/2/21 JV boys/Girls Wrestling @ DD B/G Swimming @ Barlow, 4 pm

# Friday, 12/3/21

Wrestling @ McKay HS Wrestling @ David Douglas 4 pm V/JV Boys Bball @ W. Salem, 5/6:30 pm

# Saturday 12/4/21

Dance Clinic at CHS 8-12 noon

# Winter Sports Begin contests

After literally months of preparation, work on fundamentals and fitness the winter competitive season kicks of this week.

#### **Eagle Winter Head Coaches include:**

Hali Fischer, Head Cheer Coach Annie Ellett, Head Dance Coach/Hi-C's John Poetsch, Boys Basketball Jeff Stanek, Girls Basketball Rod Lundgren, Boys/Girls Swimming Ehren Schneider, Boys/Girls Wrestling

It will be an exciting season to watch our coaches and athletes create some long-term memories, success and continue to build a positive culture around our athletic program.

#### **Ideal Athletic Program**

The second monthly meeting of those interested in creating/supporting the development of a 3-5-year strategic plan for athletics. Meeting tonight virtually from 6-8 pm. The first monthly meeting established a top ten list of those items deemed the highest priority for establishing the Ideal Athletic Program in the Centennial Community.

- 1. Youth Programs
- 2. Facilities upgrades
- 3. Youth program access to facilities
- 4. High Levels of student participation

 Need ongoing District level support
Finances not being a barrier to participation or fan access
Assistant coaches pay
Teacher/Coach recruitment
Quality facilities as a key to student participation
A thriving Booster Club
Branding of the athletic program
Coach development

# **Fall Season Celebrations**

Season ending team celebrations continue over the next two weeks. These times have been critical in finishing our season well and beginning a positive off-season.

Head and Assistant Coach one on one evaluation meetings are also beginning as we review what went right this past season and what we can do to improve each program moving forward.

# Boys Basketball Tournament 12/10-11

Boys basketball will be hosting a four team (V/JV/Fr) tournament including teams from Lincoln, McKay and Hood River.

# Youth Sports Summit

Youth sport leaders from throughout the Centennial Community will be meeting on **Saturday December 4** to discuss how to build a strong and resilient youth sports movement in the Centennial community. This will be the first of what is hoped to me monthly meetings focused on this important work. Please find ways to drop in and support our kids and student-athletes this winter.

> For more info contact <u>Centennial HS Athletics</u>: <u>Kevin Bryant</u> District Athletic Director Cell: 503-515-5847 <u>kevin bryant@csd28j.org</u>

